

SCARBOROUGH YOUTH HUB MONTHLY CALENDER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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30 WALK-IN THERAPY 11:00-5:00 	31 WALK-IN THERAPY 11:00-5:00 ZONE CHILL & CHAT 3:30-4:30 DBT SKILLS GROUP 5:30-7:00	1 LAST CALL BEFORE  WALK-IN THERAPY 11:00-5:00	2 ZONE CHILL & CHAT 3:30-4:30 	3
6 WALK-IN THERAPY 11:00-5:00	7 WALK-IN THERAPY 11:00-5:00 ZONE CHILL & CHAT 3:30-4:30 DBT SKILLS GROUP 5:30-7:00	8 WALK-IN THERAPY 11:00-5:00 	9 ZONE CHILL & CHAT 3:30-4:30	10
13 WALK-IN THERAPY 11:00-5:00	14 WALK-IN THERAPY 11:00-5:00 ZONE CHILL & CHAT 3:30-4:30 DBT SKILLS GROUP 5:30-7:00	15 WALK-IN THERAPY 11:00-5:00	16 ZONE CHILL & CHAT 3:30-4:30 	17
20 WALK-IN THERAPY 11:00-5:00 	22 WALK-IN THERAPY 11:00-5:00 ZONE CHILL & CHAT 3:30-4:30 DBT SKILLS GROUP 5:30-7:00	23 WALK-IN THERAPY 11:00-5:00 	24 ZONE CHILL & CHAT 3:30-4:30	25
27 WALK-IN THERAPY 11:00-5:00	28 WALK-IN THERAPY 11:00-5:00  ZONE CHILL & CHAT 3:30-4:30 DBT SKILLS GROUP 5:30-7:00	29 WALK-IN THERAPY 11:00-5:00	30 ZONE CHILL & CHAT 3:30-4:30 	31



SOCIAL MEDIA



[Youth Wellness Hubs](#)



Coming Soon



Coming Soon



Coming Soon



SCARBROUGH YWHO

1200 Markham Rd.
Room 313
Scarborough, ON
M1H 3C3



Ellesmere & Markham Rd
Bus#: 902, 102, 38,
133, 95, 995



Rashida
Youth Animator
416-346-4516

